OMENS NEWS









Inside Pages

Volume 1, Issue 2, January 2016



ICON 2015 - AN ASTOUNDING SUCCESS

CME helps improve patient care standards and helps the professionals to tackle the challenges which crop up in their career in the ever-changing landscape of medical industry.



WE WANT TO CONVERT WOMENS CENTER INTO A GLOBAL BRAND

Jayaram Govindarajan is young, dynamic and a thorough professional with a down-to-earth approach. He worked in Italy, Canada and US donning senior management roles, Jayaram, the Executive Director of Womens Center is unconventional in his thinking and approach. In this interview, he talks at length about Womens Center and the strategies involved in taking the Center to greater glory.

DOGS DO A BETTER JOB IN **DETECTING CANCERS**

The word tsunami rings destruction and devastation. But, not when it is the name of a German shepherd. She looks regal, happily wags her tail and she's very attentive





NOW, YOU GET LOAN TO TREAT FERTILITY ISSUES

Are you a childless couple? Has it been diagnosed that you have a fertility-related problem? Has your doctor told you that there is a fair and reasonable chance of begetting a child by medically fixing the problem? But, is lack of funds holding you back from exploring this option?



Dear Sir.

This refers to the story of G.Selvi (Faced with the risk of uterus removal, Selvi today is a happy mother, Pg 8-9, Womens Center News December issue).

The article was very informative and glad to know that not all women who suffer from adenomyosis need to undergo hysterectomy as a final solution.

It is gratifying to note Womens Center is the first in the country to perform MRI-Guided Focused Ultrasound Surgery (MRgFUS), the latest technology in medical science, with absolute success.

Kudos to doctors of Womens Center! Keep up the good work!

> K Selvaraghavan Salem

Dear Sir.

The detailed article on cancers (Detect cancers before it's too late, Pg 10-13, Womens Center News December issue) was timely and provided a wealth of information.

With advances in medical science, it's somewhat a relief that with greater awareness we can either prevent cancer or detect it early.

Considering the fact that cancer among women in our country today is one of the leading causes of illhealth today, I'm sure awareness can help us steer towards a healthy future.

> C.Giriia Coimbatore

Dear Reader.

↑ t Womens Center, we all have Abeen really, really busy during the last month. Besides the routine work, we also had the responsibility of organising ICON 2015 - the OBGYN Update Conference.

I'm glad that the entire staff including the members of medical, paramedical and administrative fraternity of our institution worked tirelessly and in tandem which ensured the success of the fourth edition of the ICON series - ICON 2015.

We're committed to continuing education and it's our firm

belief that as an institution we would be able to ensure quality healthcare only when we keep our eves and ears open to the latest trends and developments sweeping across the world of medical science.

What transpired at ICON -2015? You'll find the details as you flip through the pages. In this issue, you will also find the story of Mrs.Jayalakshmi who suffered from abnormal accumulation of fat in knee joints which even altered her



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At the age of 76, Mrs Jayalakshmi, already under severe pain, was averse to the idea of going under knife for a cure. It is thus she reached us and later underwent the procedure of liposuction with absolute success.

We've also included a one-on-one interview with Javaram Govindarajan who gives an idea as to where the Womens Center is headed to. Jayaram, an expert in his chosen field, has inspired a radical shift in the approach of the institution.

Many readers have responded positively to the Hello Doctor column and they are happy that they can get their doubts now cleared. Though we've received a number of questions for this column, we've not been able to use all due to space constraints.

You will also find a trending and informative story on the canine power to sniff out different type of cancers. So, in the days come, if you find that a few of the canine friends are sniffing around you during a visit to the doctor, don't jump in panic!

They, probably, would want to help you, as part of the medical squad, rather than biting you! Barking dogs seldom bite, they say. But, the modern day adage seems to be: sniffing dogs seldom go wrong!

Dr.Govindarajan Editor-in-Chief



Jayaram Govindarajan

is a young, dynamic and thorough professonal with a down-to-earth approach. After graduating in Management of Industrial Relations and Computer Application Systems from University of Bridgeport, he worked in Italy, Canada and US donning senior management roles. Later, he did his Masters in Business Administration from Babson College, F.W.Olin Graduate School of Business, Wellesley. Presently, the Executive Director of Womens Center, Jayaram is unconventional in his thinking and approach. In this interview, he talks at length about Womens Center and the strategies involved in taking the Center to greater glory. Excerpts:

You are young, enthusiastic and about Womens Center?

ultimate vision of providing the best results and minimize errors. We're in women's healthcare to this region. the first IVF (fertility) lab in the We've pioneered new technologies country to get an ISO certification and continue to do so. We aim to be a household name for the women's healthcare by providing the best medical care possible in ultimate in Chennai, Trichy and Salem besides comfort at a reasonable cost.

After your arrival, have you pushed for any radical changes? If yes, how far they've been successful and the results

We're process driven. It's been energetic. Can you share your vision an uphill task getting our people to understand that processes We at Womens Center have the ultimately help you achieve better for its processes.

> **Womens Center now has operations** Coimbatore. Are you planning to open more shops and if yes where?

> Our operations outside of Coimbatore have been only in the sphere of fertility services and not comprehensive services for the time

Within the last 18 months, we have brought

in SCSA, sperm DNA testing to India from

the USA. We're in the process of tying up

with a Spanish organization to bring in Next

Generation Sequencing (NGS) for embryos

to India.

being. We're looking at potentially growing into Kerala and the Middle

your part to give Womens Center a unique brand identity. Is this part image?

Why do you think Womens Center achievements of the Center?

predominantly excellent reviews from its patients, patient attenders, and those quests who visit us and our patients. We've succeeded in achieving something that the Apollos and Fortis' of the world haven't been able to do - the right mix of affordability and quality both in terms of care as well service.

What're your plans for the Center for



We can see a conscious attempt on of giving the institution a pan-India

The idea is to drive a brand that will be globally recognized for its quality. The brand will be driven by professionals with experience within the particular niches that we are concentrating on.

is doing a great job? And, can you tell us some of the landmark

Womens Center has gained



are you employing to achieve them?

The next five years are going to focus on the consolidation of the hub centers and creating some spokes for them. We'll be actively reaching out to physicians who want to do the right thing for such patients but don't know where to send them. There are many areas in Southern India where people don't have access to higher levels of care and don't know where to go to get it if they require it.

Can you brief us about your infrastructural facilities - at Coimbatore, Trichy, Salem and Chennai?

Coimbatore has by far the most comprehensive women and new born facility in India - it's been recognized 2 years in a row as the best comprehensive women's healthcare provider for South India. All facilities for deliveries including jacuzzis for patients in labor and painless delivery are included. From a gynaecology stand point there're technologies such as MRqFUS that eliminate the need for traditional surgery. For those requiring surgery most of our surgeries are done through 3D laparoscopy instead of the regular 2D. This increases speed, efficiency and accuracy of the surgeon leading to lower rates of complications and quicker recovery from surgery. Our state of the art NICU for new born babies has sent home babies born at 27 weeks and with weights under 800 grams. The building has been built

the next 5 years and what strategies to ensure plenty of natural lighting with materials and paints used that reduce the VOCs in the atmosphere. Trichy, Chennai and Salem are fertility units only and do not practice any of the other branches of OBG. This ensures that we do not have a conflict of interest with our referring doctors who're looking for ethical places to send their patients to. The Chennai center has been recently re-opened in T-Nagar in conjunction with the Mehta Hospitals, an 80+ year old brand in

Are there any other exciting business

Chennai.

plans in the pipeline?

Within the last 18 months, we have brought in SCSA, sperm DNA testing to India from the USA. We're in the process of tying up with a Spanish organization to bring in Next Generation Sequencing (NGS) for embryos to India.

The very name - Womens Center - stands for ethics, fair play and matchless quality. How are you able to adhere to good medical practices with unfailing regularity?

We don't add a person, however qualified, to our team unless we believe she would uphold our high ethical standards. We believe that this is the key to our continuing success.

What do you want to tell those who come to your Center?

Womens Center assures 5-star service at a fixed 3-star rate with the ultimate best of the patient always in mind - No compromises! There are no hidden costs - we give you the final ball park figure up front so there're no surprises and you can come prepared. Come experience what being a part of the Womens Center family feels like.



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Dr.Gunasekaran

stay,

Jayalakshmi, however,

opted for liposuction

pain, limited hospital

procedure scar

involves less

early recovery

negligible post-

Don't Fall Flat Before Fat Walk Back Into Life

Like Jayalakshmi

It is true she'd to endure a lot of physical pain. But, in many cases, it's the damage it inflects on one's psyche that counts more as people with funny gait often become the objects of ridicule

or 76-year-old MrsJayalakshmi Sowrirajan, a native of Dindigal, life had become an unbearable torture after an abnormal amount of fat started accumulating in the lower thighs, legs and inner sides of both her knee joints.

a healthy lady as she had not undergone any major surgeries in the past or suffered from any major ailments. Though she was under medication for hypertension, she was not a diabetic.

You might wonder: What is the big deal if an abnormal amount of fat gets accumulated as in the case of Jayalakshmi? In simple words, we can tell you a medical condition of this kind can have devastating effects on both the physique and psyche.

Yes, the abnormality disturbed the way Jayalakshmi walked as she had to keep her legs apart since she found it very difficult to bring them together. As her gait changed, she also developed severe pain in hip, knees, joints and

"It is true she'd to endure a lot of physical pain. But, in many cases, it's the damage it inflects on one's psyche that counts more as people with funny gait often become the objects of ridicule," says plastic and cosmetic surgeon Dr.R.Gunasekaran.

In the initial days Jayalakshmi found relief in pain killers, although temporary, but as it happens in some cases, she very soon started developing side effects. This being so, she hastened to consult an orthopaedician.

"The doctor advised me to remove Jayalakshmi was otherwise the fat accumulation through an open surgical procedure to normalise my walking pattern. But, as I'm old, I was averse to the idea of going under knife," Jayalakshmi recalls.

> It was thus she reached Womens Center. "I wanted to explore other ways. I was looking for a cost-effective cure involving less pain. For, I was scared of the pain, the post-surgical scar and anaesethesia," she says.

The doctors who examined her at Womens Center found a huge, abnormal fat accumulation involving the inner sides of both the knee joints which was hanging loose and long.

Besides redundant skin with lumpiness over thigh and abdomen, she also had varicose veins in the thighs and legs and the skin below the middle of both the legs had undergone discolorization.

"We found that, clinically, her other health parameters were normal. But, the condition had altered her gait (walking pattern) completely. So, we discussed the treatment options available before us thoroughly," says Dr.Gunasekaran.

There were two options: (a) liposuction (b) open procedure. Jayalakshmi, however, opted for the first as it involves less pain, limited hospital stay, early recovery and negligible post-procedure scar.

After doing routine blood investigations and obtaining the opinion of cardiologist, the procedure was discussed in a meeting chaired by director, plastic surgeon, anaesthetist, physiotherapist, nursing in-charge and physician.



"We admitted her a day After the surgery: The ankles are closer





Before the surgery: The ankles are wide apart

before the procedure as her blood pressure was high due to anxiety and performed liposuction through wet technique with a stab incision using specialised instruments," explains Dr.Gunasekaran.



The Lipo aspirated

The medical aspirated about 1000 ml from right side and 900 ml from left side and stab incision was closed. Jayalakshmi was given pain killers and custommade sucking and was ambulated upon recovery from anaesthesia and she recovered well.

She is now able to walk freely without any discomfort. "Now. I don't feel Dr. Gunasekaran.

any pain in hip, joints, knees or ankle. The main relief is that my walking pattern has once again become normal", says a beaming Jayalakshmi.

Excessive fat accumulation could severely restrict one's free movements. But, it is not necessary that every patient facing such a problem should go under knife. "Liposuction is a great option. And, we do it with expertise," affirms



Abnormal accumulation of fat can create lots of discomfort. It can inflict severe pain. I'm glad the team headed by Dr. Gunasekaran, our cosmetic and plastic surgeon performed liposuction on Mrs. Jayalakshmi with precision perfection

Dr.Mirudhubashini Govindarajan Clinical Director

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Cover Story

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AN ASTOUNDING SUCCESS

CME is the most crucial key that will determine the success of a healthcare professional as it helps helps to stay current



However, due rains in incessant Chennai which resulted in cancellation of trains and flights, some of couldn't make it to the conference. Still, we could ensure the participation of 250 professionals

Dr.Mirudhubashini Govindarajan Clinical Director

It takes a lot of hard education (CME). work, in fact many years of education, to become a healthcare professional, be it physician, nurse or healthcare specialist.

Dr.N.Pramya, Dr.Suresh Damodaran, Dr. Krishnan Swaminathan

But, it does not mean that the learning should come to a full stop once a licence and board certifications have been obtained.

When it comes to career like any other field and most importantly in the field of healthcare, by learning continues way of continued medical

the most crucial key that will determine the success of a healthcare professional. For, it allows the healthcare professional to stand in



Dr. Mirudhubashini Govindarajan, Dr. K. Jayakrishnan, Dr. P.C. Mahapatra, Dr. Rakesh Sinha and Dr. V. Venkatesh



Dr. Govindarajan during ICON 2015 Conference

good stead with updated knowledge.

CME helps improve patient care standards and helps the professionals to tackle the challenges which crop up in their career in the ever-changing landscape of medical industry.

As a matter of fact, CME refines one's skills, helps one stay current, address real world challenges, gain professional growth and improve team management skills.

Womens Center completely subscribes to the CME philosophy and it makes sure that its professionals are up-to-date in their skills of healthcare to patients.

This became evident when Womens Center held a two-day OBGYN Update Conference, namely, ICON 2015 on December 5 and 6 at Hotel Vijay Elanza in Coimbatore.

"At Womens Center, we're committed to quality healthcare. This can't be





Dr. Rakesh Sinha

achieved in the absence of considerable investment in CME. The ICON Series is the baby of this philosophy and outlook," says Dr.Ramya Jayaram.

The fourth edition of the ICON Series (ICON 2015) in fact, evinced the interest of innumerable medical professionals across the country. And, not less than 350 professionals were to take part in the two-day

"However, due to incessant rains in Chennai which resulted in cancellation of

At Womens Center, we're committed to quality healthcare. This can't be achieved in the absence of considerable investment in CME. The ICON Series is the baby of this philosophy and outlook

Dr.Ramya Jayaram

TOPICS COVERED

Preterm labour

Challenges in diagnosis and management

Preterm baby

Tips for immediate care and stabilisation

PPROM

Practical management Identifying and managing early neonatal infections Early screening of preeclampsia

Severe PIH

Right medication and decision Late onset/detection of

foetal anomalies

Clinical indicators for PPH

When and how to intervene?

Adolescent PCOS

Beyond reproductive implications

Hyperprolactinemia When and how to treat?

Vitamin D Deficiency

Is this for real?

why?

Is my thyroid problem going to affect my baby -What do you counsel and

HPV and PAP for the practicing gynaecologists

Practical approaches

Current management of ectopic pregnancy

To morcellate or not to morcellate?

Complications in laparascopy

Prevention and management

Vaginal hysterectomy

A master class

Adenomyosis

Clarity in diagnosis

Surgery for adenomyosis Pros and cons

Non-surgical management of adenomyosis Is it a reality?

Laparascopic cystectomy When and How?

Humour in medicine

HRT in menopause

Choosing the right progesterone in gynaecology

Sepsis in obstetrics and gynaecology

Incontinence in women A logical approach

WomensCenterNews I January 2016



trains and flights, some of them couldn't make it to the conference. Still, we could ensure the participation professionals," Dr.Mirudhubashini Govindarajan.

The conference focused in-depth on endocrinology, gynaecology, fertility, obstetrics, foetal medicine and neonatology from a clinical standpoint for practicing OBGYN.

There were discussions by eminent



Dr.V. Venkatesh

faculty. The conference also provided a large window of opportunity for



Dr. Lakshmipathy

and discussions. "We're immensely happy that the two-day conference was case review, presentation a big success and we're

FACULTY

Dr.Abirami Kuppurajan Dr.Jayashree Gopal Dr.Kalpana S Dr.Karthik B Dr.K Jayakrishnan Dr.Krishnan Swaminathan Dr.Lakshmipathy Dr.Lily Varghese Dr.Mirudhubashini Govindarajan Dr.P.C.Mahapatra Dr.Pramya N Dr.Prathima Radhakrishnan Dr.Premalatha K Dr.Rakesh Sinha Dr.Ramya Jayaram Dr.Sareena Gilvaz Dr.Shyjus Dr.Sunitha D Dr.Suresh Damodaran Dr.Tharakeswari

also gratified to note that it provided an excellent platform for learning – a rare phenomenon to find these days," said Dr.Mirudhubashini Govindarajan.

Dr.Venkatesh V



Kind attention:-Dr. Mirudhubashini Govindarajan

ICON 2015 :OBGYN Update Conference - 5,6December 2015-Coimbatore

Dear Dr. Mirudhubashini

I attended the above conference, which came as a complimentary registration. It was illustrative, informative and interactive sessions. Faculties from various states and different specialties shared their experiences and knowledge in the above field. Audiovisual projection of surgical procedures - the difficulties, challenges faced, management and outcome-was educative and an eyeopener.

Modern medicine which had taken a leap in scientific technology after few years had its own pitfalls in few cases. Healthy debate and points to ponder in such situations were educative.

Discussions on Challenges in diagnosis, practical and logical approaches, right medication and right decision, when and how to intervene, surgical complications, prevention and management, were refreshing and elevates confidence in oneself.

This conference has given me immense satisfaction and confidence to carry out my profession. I am happy to convey that some challenges discussed, were faced by us in our tenure here and managed successfully.

I thank you for giving me an opportunity to attend the above.

Your contribution in the medical field for women is beyond our comprehension and we wish you all the best to continue this great service

> Yours faithfully, Dr.Nagalakshmi Atmaram



NOW, YOU GET LOAN TO TREAT FERTILITY ISSUES

↑ re you a childless under its Lifestyle Finance Acouple? Has it been diagnosed that you have a fertility-related problem? Has your doctor told you that there is a fair and reasonable chance of begetting a child by medically fixing the problem? But, is lack of funds holding you back from exploring this option?

Then, smile! Womens Center has tied up with Bajaj Finance Limited which extends care credit helpful and relevant.

portfolio. In other words, it means couples now have the option to avail hasslefree loan, payable in easy installments to undergo fertility treatment.

Womens Center gets patients from different categories. Sometimes some couples seeking fertility treatment postpone the decision due to lack of funds. It's here the loan option becomes both

Eligibility and the loan amount to be sanctioned would largely depend on the profile of the customer. However, broadly speaking, salaried, selfemployed professionals. non-professionals pensioners can avail the care credit.

A person who wants to avail this loan should have attained a minimum age of 23 years. Salaried persons can avail the

loan till they attain the age of 60 years while in the case of professionals, non-professionals pensioners the age criteria stands extended by another 5 years. In the case of salaried people, minimum age should be 23 while the maximum age should not exceed 60 years.

Repayment Duration:

The loan availed could be repaid in 10, 12 or 15 monthly installments. The 10-month repayment option will require an advance payment of 2 EMIs while an advance payment of 4 EMIs should be done for the 12-month option. However, those who opt for the 15-month duration will need to make an advance payment of 5 EMIs. There is also the option of foreclosure of the loan after paying the first EMI.

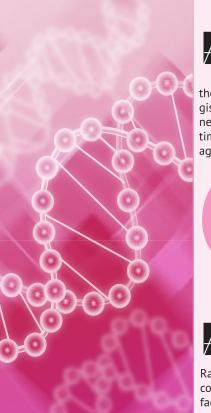
For more details you can call: +91 422 4201000







Clinical Director Dr. Mirudhubashini Govindarajan, FRCS - Canada





I'm a 14-year-old girl student. I started menstruating at the age of 12. My father is a farmer and mother, housewife. They are not much educated. My problem is that during my menstrual cycles, I bleed a lot and experience severe leg pain. I'm afraid to tell this to my mother. Is it normal? Should I see a doctor? My periods are also not regular. I need your help. Please don't throw this into dustbin.

Velandipalayam, Coimbatore

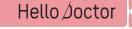
There can be nothing more important that helping a young lady. When you start having your periods, it takes two to three years for the hormonal system to mature. During this time it is quite normal to have irregular cycles and you need not worry about this. As for

the pain and profuse nature of bleeding it will be better if you can consult a gynecologist. It is important to make sure that you do not become anemic. A few simple tests may need to be done to make sure that there are no other underlying problems. Most of the time simple medications can help you to deal with the problem. I would like to encourage you to reach out for help confidently.

> 'm 25-year-old unmarried woman. During my college days, I had fallen in love with a classmate of mine. However, due to my parents' objections, we could not get married. Out of frustration, once I even tried to commit suicide by consuming poison. This was around 2 years back. After this episode, my classmate got married to some other girl. Now, I want to move on with my life and want to get married. But, some of my friends tell me that the poison I consumed during suicide attempt may have damaged my uterus. Is it true? In such a case, wouldn't I be able to become pregnant? Should I see a doctor? Should I do some tests? Please advise.

A poison that you apparently took 2 years back, if it did not hurt nswep you, is extremely unlikely to have hurt your ovaries or uterus. I don't believe you need to go through any tests or consultations.

Rather than worry about physical problems, you should attempt to develop more self confidence and mental strength, so you don't resort to such responses when you are faced with adversities.





'm a 24-year-old spinster and an IT professional. There is an excess growth of hair on my body, particularly, on face, thighs, below the knee and back. My mother told me to use turmeric while taking bath. I tried doing this

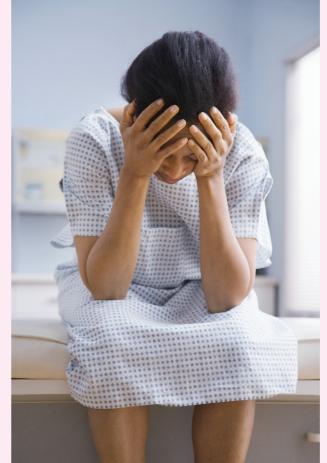
but that is not of much use. Is there any other safe method to remove the unwanted hair growth? My parents want me to get married soon. But, I'm bit scared and embarrassed. Can you advise me appropriately, doctor?

Ms.JJ

Jaya Nagar, Bangalore

Excessive hair growth in many cases may be just familial, in other words, it may be inherited. However in some instances it may be the mark of hormonal imbalance. It will be wise to be checked for the hormonal problems which can be corrected with medical treatment. For getting

rid of the hair which are already there, do not use a razor. There are better and more permanent methods available such as laser. This definitely does not have to be a major problem adversely affecting your future relationships or life in general.



'm 30-year-old married woman. I got married 5 years back. During these 5 years, I conceived thrice but they all ended in miscarriages. The doctor I consulted said in some cases it happens. Is it really so? Can I have a successful pregnancy? Is there a need for me to see a doctor? I am desperately looking for an answer, because, I have been consciously trying not to get pregnant after the three failed attempts. Please help.

Ms.VLP

Sai Baba Colony, Coimbatore

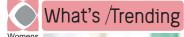


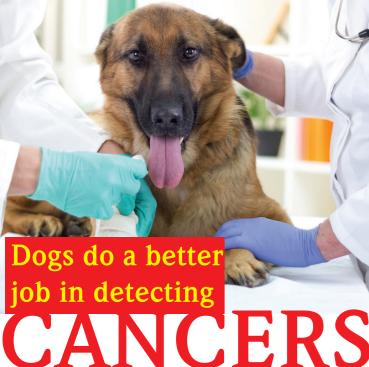
A single miscarriage for a couple is not an swep uncommon event. A large percentage of these events are due to chromosomal abnor-

malities in the conception itself. It is almost nature's way of making sure that an abnormal pregnancy does not grow. It is unfortunate that well-meaning people, sometimes advise the couple that the event happened because of something that they did or didn't do. This gives the mother such a guilt complex and depression. Unfortunate as it is, it should be made clear to them that it is often an inevitable natural event and does not imply anything for their future. However if it is a recurrent event (especially three or more) the couple should be investigated thoroughly. There are many factors on either side like hormonal problems, uterine problems, ejections and even DNA abnormalities in the sperm which can cause this distressing situation. If investigated and diagnosed, most of these issues can be corrected.

I wish to tell you not to get discouraged and look for a solution. Majority of the couples like you go on to have normal pregnancies and children.

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destruction and devastation. But, not when it is the name of a German shepherd. She looks regal, happily wags her tail and she's very attentive.

Tsunami has already stumped the researchers at the University of Pennsylvania. They certify she is more than 90 per cent successful in identifying the scents of ovarian

This development has opened a new window on a disease which kills nearly 14.000 Americans a year and has no effective test for early detection.

The researchers started working on the project last year and they are now focused on training dogs using tissue samples for both cancerous ovaries and ovaries with benign disease.

Researchers confirm that three dogs learned to recognise cancerous samples and Tsunami has been particularly successful in her training.

When she is working, Tsunami becomes a quiet, pensive animal. She works slowly, circling a wheel containing blocks of samples. She sniffs, she stops, she thinks!

she sits; that's the sign. She is very serious about it all, say the researchers.

Experts, interestingly, say early detection of ovarian cancer can give a five-year survival rate of over 90 per cent. So, how is it that, canines help in the early detection of cancers?

Dogs have long helped on search-and-rescue considering that a canine snout has 220 million olfactory cells compared to 50 million for humans.

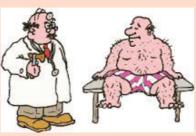
A growing body of evidence now supports the possible use of canines by clinicians. Researchers have also found that dogs can detect prostate cancer by smelling urine samples with 98 per cent

So, how does a dog sniff out cancer? Experts say dogs actually detect the chemicals known as volatile organic compound (VOC) emitted by a tumor.

There is no denying the fact that dogs can sniff out a range of illnesses. But, can they be used on a large-scale basis? It is a million dollar question.

Meanwhile, the debate rages: Which one detects a cancer better? When she identifies cancer, A laboratory or Labrador?





A man who met with a road accident calls up 911 for help.

Man: Operator, operator, it's urgent call me an ambulance!

Operator: Okay sir! You're an ambulance!

Doctor to a car mechanic: "Your fee is several times more per hour than we get for our medical practice."

Car mechanic: "Yeah, you're right. But you see doc you've always the same model. It's not changed since Adam; but we've to keep up to date with new model coming every month!"

Patient: Doctor, what does the X-ray of my head show?

Doctor: Absolutely nothing!

The patient shook his doctor's had in gratitude and said: "Since we're best of friends. I would not want to insult you by offering payment. But, I would like for you to know that I'd mentioned you in my will."

"That's very kind of you", said the doctor emotionally adding: "Can I see the prescription I just gave you? I would like to make a little change!"





WOMENS CENTER

Academic Calendar - 2016



Womens Center Certified Training Courses

Hysteroscopy	IUI	Colposcopy
Duration - 3 days	Duration - 3 days	Duration - 3 days
Apr - 21, 22, 23	Jan - 21, 22, 23	Feb - 15, 16, 17
Jun - 23, 24, 25	Mar - 17, 18, 19	Apr - 18, 19, 20
Aug - 18, 19, 20	May - 19, 20, 21	Jun - 20, 21, 22
Oct - 20, 21, 22	Jul - 21, 22, 23	Aug - 16, 17, 18
Dec - 15, 16, 17	Sep - 22, 23, 24	Oct - 17, 18, 19
	Nov - 17, 18, 19	Dec - 12, 13, 14

FOGSI certified courses

Infertility

Duration: 7 days (Basic) 14 days (Advanced)

2 days (IUI & Stimulation protocol)

Jan, Mar, May, Jul, Sep, Nov 3rd Week

Endoscopy

Duration: 7 days (Basic)

2 days (Basic) 14 days (Advanced) 3 days (Advanced)

Apr, Jun, Aug, Oct, Dec 3rd Week

Feb, Apr, Jun, Aug, Oct, Dec 3rd Week

Duration:

Colposcopy

ISAR Embryology Training Courses

Embryologists

Duration - 12 months Eligibility - Science Post Graduates/ Medical Graduates

IVF Technologists

Duration - 8 months Eligibility - Science Graduates

Contact Ms. Ammu

for dates, availablity & booking +91 94877 60939

Dr. MGR Medical University Fellowship Courses



Reproductive Medicine

Duration - 2 years Eligibility - MS/MD/DNB (OG)

Maternal Fetal Medicine

Duration - 2 years Eligibility - MS/MD/DNB (OG)

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Duration - 1 year Eligibility - MS/MD/DNB (Paed)

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- Fetal Medicine
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- NICU

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cancer in our country in the year 2012. In the same year, 70,218 women died of the same disease. So, it's now roughly estimated that for every 2 women newly diagnosed one dies of breast cancer. The numbers are staggering! But, not that everything is lost. Periodic check-ups and early detection can help you lead a normal life. For more information call us. Our experts would only be too happy to give you right advice.

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